



FOCUS






SPRINGMAN & ATTEA

VOLUME 16 ISSUE 2



Dates to Remember

	October:
17-21	Kids Care Canned Food Drive
19-21	ATTEA & SPRINGMAN BOOK FAIRS
21	NO SCHOOL Fall Conferences
24-28	RED RIBBON WEEK 
26	Middle School TURNING POINTS Presentation 7pm Attea
31	Halloween
	November:
1	PTA Meeting at Attea—9:15am
11-12	Winter Blossom Boutique—Attea
12	Parents in Partnership—Attea—8:30am—12:30pm
17	Available Parent Presentation—7pm Attea

From the PTA President

Hi Everyone!

Can you believe our beautiful Fall weather – still feels like summer to me! By now everyone should have received their child's fall midterm grades so we know the school year is well underway! **PTA's Innisbrook fundraiser is complete** – thank you to everyone that purchased or made donations. Without your support of this event we could not give back to the schools the way that we do! A BIG thank you to Gretchen Meek, Melissa Ignelzi and Kathy Pagano for chairing this event. The preliminary numbers look good – right on budget, which is quite an accomplishment in this economy.

I hope everyone had a chance to purchase spirit wear for their kids. Thank you to Pam Hartigan and Kathy McCarthy for chairing the sales at Attea and Springman. I even bought myself some comfy flannel pants!!

Loads more is coming up....

Bookfairs kick off at the schools on October 19th. Please take a moment to stop in and buy a good read for your child or yourself. Don't forget to grab a copy of Dr. John Duffy's *The Available Parent*. Dr. Duffy will be joining us for a parent discussion on Thursday, November 17th at Attea at 7:00pm. Tickets for this event can be purchased on spatpta.org website. Please join us!

Character Counts and the food drive begin October 17th – check out your schools websites for activities and happenings.

WINTER BLOSSOM BOUTIQUE is here! A joint initiative be-

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From the Principals

Dear Parents,

We hope that you have been taking advantage of the wonderful weather and have been enjoying some sights of the fall season. It is amazing that we are staring the middle of October in the face and are already contemplating parent teacher conferences and Thanksgiving break. The year is flying by and students are hopefully becoming settled and finding the rhythms and routines of life in the middle...school, that is.

The Turning Points Presentation held on October 4 at Springman during the PTA meeting had a wonderful turn out and we hope that the information was helpful to those of you who were able to attend. Dr. Lara Cummings, head of the guidance department at GBS and Brian Wegley, principal of GBS, were on hand to present and talk about life in transition for middle school students as they enter into the high school realm. This presentation will be repeated at Attea Middle School at 7:00 p.m. on Wednesday evening October 26, 2011. Please come and join us! The presentation focuses on the development of adolescents, from brain development, executive functioning and risk taking. The tips and insights you will be able to glean from the

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From the PTA President

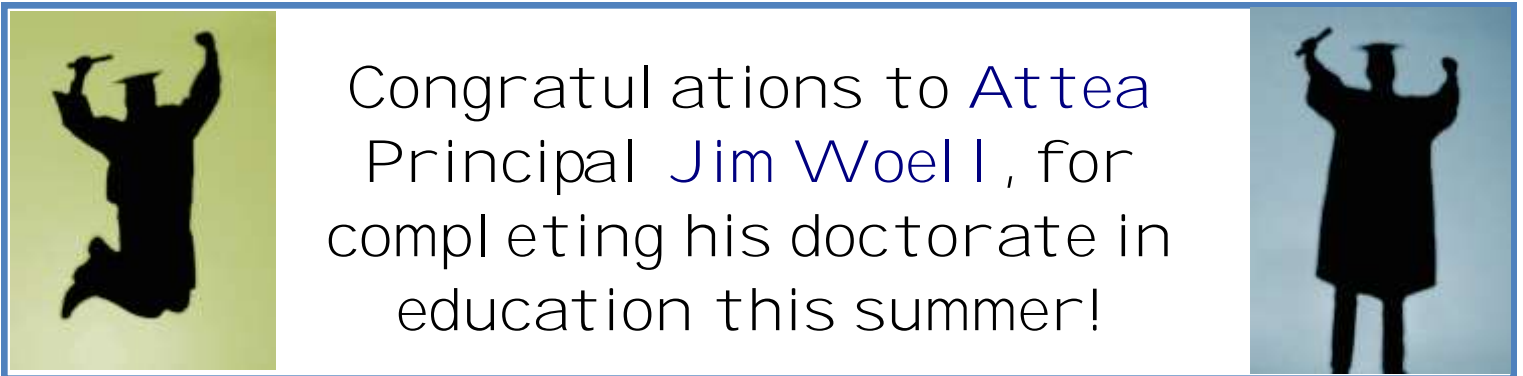
tween the PTA's of District 34, Winter Blossom Boutique is the place to get all your holiday shopping started! The event takes place on Friday and Saturday, November 11th and 12th at Attea. This coincides with Parents in Partnership (November 12th). Please stop in and SHOP!

On October 27th at 7pm taking place at Attea – the **Turning Points Presentation** for middle school parents. This is a repeat of the presentation given at the October PTA meeting but we find the information so valuable, we offer the presentation in the evening for those unable to attend the daytime meeting. Wonder what has happened to that angelic grade school student and what you can do to better communicate with her/him? Not savvy Facebook users but need some tips to understand what your child is up to?? Come and hear GBS Principal, Mr. Brian Wegley as well as our own Dr. Heather Hopkins and Dr. Jim Woell discuss what's effecting kids today in a 24/7 media and technology environment. You will get current, up to date, parenting advice to help keep your kids healthy and safe during the sometimes turbulent adolescent and teenage years.

Our next **PTA meeting** will take place on November 1st at Attea, beginning at 9:15am. For more information on the PTA, what we do and when our meetings take place, please check out our website, SPATPTA.org.

Thank you for taking the time to read this and thank you for your support of the PTA! Without you, we could not do what we do!!

– Liz Price



From the Principals, cont.

presentation will hopefully be of help to you as you continue to parent your children.

Overall, the year is off to a fantastic, if not frenetic, start. Mid terms have gone home along with ISAT scores and NWEA scores will be sent home the week of October 10. Both middle schools have opened up on line access to student grades for parents and have also opened a student portal access point just for students. Both middle school websites contain detailed instructions for accessing student grades on line and also the grading guidelines for middle schools, which were adopted in 2010. With the new grading guidelines in place, communication regarding grades and student progress becomes even more critical as we develop a common understanding of how our grades have become more accurate and meaningful for students.

As always, should you have any questions or concerns please don't hesitate to contact your respective building principal. Thank you for a great start to the school year.

In Partnership,

Dr. Heather Hopkins, *Principal*
Springman Middle School

Dr. Jim Woell, *Principal*
Attea Middle School

Students of the Month—September

SPRINGMAN

Discovery	Bridig Murphy
Genesis	Zoe Golden
Explorers	Danny Suhadolnik
Pegasus	Steven Kang
Equinox	Hope Carrane
Summit	Daniel Krolopp



ATTEA

Journey	Adam White Caterine Berg
Omni	Magaret Poulos Bradley Bottomlee
Galaxy	Justin Kalish Kendall Cameranesi
Pathfinders	Charlie Nikitas Sophia Mason
Patriots	Jenah Stanley Patrick Burke
Jigsaw	Mitchell McCrory Marilyn Jaimes



Springman Beech Sweep 2011



SATURDAY, NOVEMBER 12, 2011
 PARENTS IN PARTNERSHIP
 14th Annual Parent Education Seminar
 8:30 am – 12:30 pm
 Attea Middle School
 2500 Chestnut, Glenview, IL 60025
 FREE and OPEN to EVERYONE

Character Counts! in Glenview's

Lotsa Lotsa Pasta Dinner

Tuesday, October 18th—5pm-8pm

Glenview Park Center's Lakeview Room

You're invited to a special evening of all-you-can-eat pasta and salad in support of the Northfield Township Food Pantry — featuring Italian cuisine from top local restaurants and free entertainment by local students.

**Admission: Unopened boxes of pasta and bottles of sauce for the Northfield Township Food Pantry
 PLUS \$5 individuals / \$10 families (Cash only)**

Absolutely Spellbinding

Stop by and check out the latest titles for the whole family!

BOOK FAIR!



Attea-LRC

Oct. 19 & 20 - 7:30am to 3:00pm

October 21 - 7:30am to 3:00pm

(no school- conference day)

Springman East Gym

Oct. 19 & 20 - 7:30am to 3:30pm

October 21 - 8:00am to 2:00pm

(no school- conference day)

Brought to you by the PTA and **Anderson Book Store**

GBS HOMECOMING—THIS SATURDAY. October 15th !

ATTEA & SPRINGMAN BANDSWILL MARCH IN THE PARADE & WITH THE GBS BAND - CHEER THEM ON!



H a l l o w e e n a t A t t e a



- Costumes must be appropriate for school. Any dress that is provocative, excessively violent or incendiary in nature is not allowed.
- Masks may NOT be worn - Props are NOT allowed
- Any and all face/body make-up along with hair coloring must be done at home, i.e. prior to coming to school. Students may not bring hair coloring or make-up to school with them.
- If you have a question about a costume, please see Officer Smith!

The 5:1 Ratio

Many of us have it backwards. With our kids, we emphasize talking rather than listening. We believe that good parenting means explaining, reminding, correcting, admonishing, instructing — it's no wonder a lot more words come out of our mouths than theirs. In time, all our gab tends to turn them off. By adolescence, many tune us out.

Better to listen than to speak. When we listen more than we talk to (or at) our children, they come to believe that we're truly interested in their lives. They grow willing to seek us out and share what's on their minds. It's a way that trust develops.

In an August, 2011 presentation before the American Psychological Association, California State University professor Larry Rosen, Ph.D. said, "Communication is the crux of parenting. The ratio of parent listen to parent talk should be at least five-to-one. Talk one minute and listen for five."

Experts may not agree on the numbers, but there's consensus that skillful listening is invaluable.

- **Show undivided attention.** Don't answer the phone or check email, and maintain eye contact when your son or daughter talks to you.
- **Encourage talking.** Many kids need help to begin. "Tell me what was good/bad about your day." And if they've offered you a morsel, try, "That's interesting. Tell me more about it."
- **Listen patiently.** It can take kids longer to put their words together than we'd like. Hang in.
- **Refrain from commenting.** Don't cut them off before they've finished a sentence, or correct their thinking because it doesn't match your own. Show curiosity, no matter what you hear. There's always time later to question or challenge an idea.
- **Listen for feelings and deliver empathy.** The way a child says something — tone of voice, body posture, facial expressions — can tell you plenty. When you detect feelings, ask about them. *"I sense you're upset. Can you tell me about it?"* *"You seem frustrated with your teacher, is that it?"*

If your children know you to be a good listener, they'll approach you more often to share a problem when something's troubling them, or just to enjoy the pleasure of your company. Imagine that!

Keep the 5:1 ratio in mind.

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Springman's Halloween Costume Guidelines 2011

Springman students may celebrate the spirit of Halloween on Monday, October 31st by choosing to come to school in costume. Costumes are *not* required but if worn, *all* costumes must comply with each of the following guidelines:

- Costumes must be appropriate for school and follow all dress code guidelines. The costume must also cover the student appropriately - no revealing dress, short shorts or skirts, exposed torsos or chests. Any dress that is provocative or incendiary in nature is not allowed.
- Masks that are removable may be worn. Staff members may require any student to remove the mask during the day so as not to interfere with instruction or student safety.
- Props are allowed as long as they will not distract from the educational environment and can be safely tucked away while in class. Toy guns, knives, swords or other weapon-like toys are not allowed.
- Any and all face/body make-up along with hair coloring must be done at home, i.e. prior to coming to school.
- Costumes cannot display any alcohol, drug or cigarette logos or references.

Thank you for helping your child make good choices by following these guidelines. We look forward to celebrating this event with our students!

Back by popular demand.....

Turning Points for Middle School Parents

Learn about the risks and choices facing our middle schoolers and how parents can influence these critical "turning points" for positive results.

Wednesday, October 26th

7 p.m.

Attea Middle School

Presenters:

Heather Hopkins, Principal, Springman Middle School

Jim Woell, Principal, Attea Middle School

Brian Wegley, Principal, Glenbrook South High School

Lara Cummings, Asst. Principal, Glenbrook South High School



The Available Parent Thursday, November 17th - 7:00pm - Attea Middle School

Please join us for a presentation and Q & A with Dr. John Duffy, author of *The Available Parent: Radical Optimism for Raising Teens and Tweens*. John is a highly sought-after clinical psychologist, parenting expert, and proud parent of a teenager. He has been working with teens, tweens, and their families for more than fifteen years. He has provided the critical intervention and support needed to help hundreds of families find their footing. John authors a blog on the Huffington Post and has served as a parenting expert for a number of media outlets including AOL Parent Dish, PsychCentral, Chicago Parent, Wired magazine, eHow Parenting, SheKnows Parenting, Notre Dame magazine, Root & Sprout, Make It Better, The Morning Blend TV, WGN TV, and many others.

The event will take place at Attea Middle School, 2500 Chestnut Avenue in Glenview.
To cover costs, tickets are \$3. Space is limited, so please register today by clicking below.

[REGISTER HERE](#)

CHARACTER COUNTS! in Glenview Kids Care Food Drive to benefit local food pantries October 17 - 21

The students of District 34, OLPH and District 30 are coming together in conjunction with Character Counts week, to collect food items to be donated to the Northfield Food Pantry.

Items of great need are: pancake mix and syrup, pasta sauce, juice/juice boxes, **coffee, tea, kid's snacks/snack packs, cookies, crackers, macaroni & cheese**, instant mashed potatoes, peanut butter, jelly, paper products, cereal, oatmeal, canned spaghetti, ravioli, chili, and corned beef hash. *(Please check expiration dates.)*

Drop boxes will be located in each school. Daily collection tallies will be listed by grade level. To find out how your grade is doing visit:

http://he.glenview34.org/Canned_Food_Drive.htm.

For more information call: Cathy Freidinger at (847)657-0271





The District 34 PTAs join forces to host the

Winter Blossom Boutique

Friday, November 11th

10am - 4pm & 6pm - 8pm

Saturday, November 12th

10am - 3pm

at

Attea Middle School

Lots of Local Vendors
Clothes, Handbags, Jewelry,
Gifts for Home, Gifts for Kids, Sports
Clothing and Memorabilia, and
Sparkly Holiday Wall Hangings too!

**START YOUR
HOLIDAY SHOPPING
WITH US!**

**Credit cards
accepted. Cash
and Check
Preferred!**

All event proceeds benefit participating District 34 PTAs